

CREATE A RHYTHM

MONTHLY PARENT CUES
ARE HERE TO HELP!





Every family has a rhythm - a pattern or schedule of when and how things get done.

Your rhythm determines what's most important.

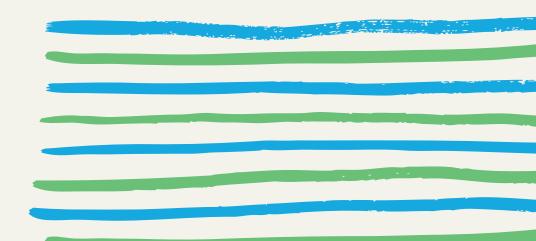
And what's not.





Is it time to evaluate your family's rhythm to be more INTENTIONAL with the time you have?







CONSIDER your priorities.

You and your family members have things that are uniquely important to them. Clarify what they are and always test your family's rhythm against them. Anything that doesn't align with your family's priorities shouldn't be a part of your rhythm.

DECIDE what to guard.

In your family's life together, there will be some things you can bend a little on, and some things you can't. Protect those things that cannot be compromised, from vacations together to family nights.





REVALUATE often

Several times a year, you'll need to take time to recalibrate. As a family, ask yourselves, "What is the rhythm for my family during this season? How can I be more intentional with my time?"





TAKE ADVANTAGE of the Parent Cues

Each month we'll send you a Parent Cue Guide to help you move your child to a deeper faith and a better future. We'll provide an easy activity or conversation for you to have with your child at a specific and strategic time of the day.



PRESCHOOL TIMES



Encouraging words to start your child's day on a positive note



Just-right words to say or sing as you hug your toddler close



Wind down together and bring comfort as you begin or close the day with these special activities



Great conversation starters to intentionally spend the time you spend in the car together

ELEMENTARY TIMES



Encouraging words to start your child's day on a positive note



Strengthen your relationship through heart conversations at the end of the day



Great questions and ideas to establish values with intentional conversations while you eat together



Great conversation starters to intentionally spend the time you spend in the car together