

## Rocky Point Safety Guidelines

### Getting there

- Make sure your vehicle is in good working order
- Drive safely. Do not drive on highways in Mexico at night

### Work Site Safety

- No riding in trailers or on sides of trucks
- Closed Toe shoes, long pants on work sites
- Stay hydrated, Sun protection
- Animals in the barrio – dogs often carry fleas
- Food prepared by the families can be risky, especially if not cooked
- Daily Safety Briefings – Please pay close attention
- On the Roof – no more than 5 people at once
- Ladders and stools – have someone hold for you
- Eye protection - tools
- Moving materials - strains
- Gloves – splinters and cuts
- Store tools and materials in safe place
- Pick up scraps (save for family)
- Clean as you go - trash bags
- 1st Aid kit at every site
- Prepare now - exercise

### Vaccinations

- None is required, though the CDC does make some recommendations.
- For more info go to: [cdc.gov](http://cdc.gov) and choose "Travelers' Health." Type Mexico in the search box to find out what the CDC recommends for travel to Mexico.

