

Community Challenge

I am Committing to:

Give blood

Call the American Red Cross **this week** at 230-7295 to make an appointment to donate whole blood or platelets. They are located at 7139 E. Broadway.

- The entire process takes about 1 hour. It is safe, simple and, yes, slightly uncomfortable.
- There are no substitutes for blood. It truly is a gift of life when someone needs it.
- More than 38,000 blood donations are needed every day.
- More than 1 million new people are diagnosed with cancer each year. Many of them will need blood, sometimes daily, during their chemotherapy treatments.

Casa de los Ninos – work day – May 7th

Casa de los Ninos is a Crisis Shelter in Tucson, which provides a safe haven for abused, neglected and at-risk children under the age of 12.

- They are in need of about 20 people (ages 14 and older) to help clean and organize the children's clothes in their attic.
- The work day is set for Saturday, **May 7th** from **9:00am-12:00noon**. If you have boxes and/or hangers they would be much appreciated!
- The address is 1101 N. 4th Avenue, Tucson, 85705. Please wear cool work clothes and park in the back lot (or next door at the church). The easiest way to go is to take Aviation Highway, turn left onto Broadway, then Broadway to 4th Avenue, turning right towards downtown. Go straight through the Speedway light at 4th, to the parking in back/or front lot and walk back 1/2 block.
- If you can participate and/or have specific questions, please call Trish Leitner at 885-9044

Casa de los Ninos – donate

Casa de los Ninos is a Crisis Shelter in Tucson, which provides a safe haven for abused, neglected and at-risk children under the age of 12.

- Please bring in any of the following items for their shelter - Eucerin cream, Hydrocortisone, Neosporin, Band-Aids, PediaSure, sunscreen, size AA and C Batteries, and bathing suits-new or used, sizes 1-14yrs.
- Please bring these items, clearly marked for Casa de los Ninos by **Sunday, May 15th**.

Salvation bracelets for Gospel Rescue Mission

You will receive a bag of supplies and a sample of the bracelet to be made.

- You will be making 25 bracelets. The bracelets should be returned to Pantano no later than May 15th
- The bracelets will be used in future outreach programs offered through the Gospel Rescue Mission.
- These bracelets help the volunteers share the Gospel story with the kids. Please take time to pray for each child who will receive a bracelet – pray that they will come to know, love and follow Jesus.

I can/will DO more in the next few weeks to support our community and make a difference in the lives around me...

- Stop by your local fire or police department and deliver brownies and a thank you note.
- Write a note or bring a treat to your store clerk, bank teller, hair dresser, barber, mailman – let them know that you appreciate their service.
- Stop by Fellowship Square (762-6432) or other local retirement community to visit with the residents.
- Donate some new or gently used books to your local library.
- See if your local library does a children's reading hour and offer to come read.
- Or - _____

I can/will DO even more in the coming months...

- Prepare for a special craft or project that you can take and teach at a local retirement community.
- Call Gospel Rescue Mission at (740-1501) to find out about regular volunteer opportunities.
- What are your skills, talents and passions? Ask God to link your passions and skills together to serve in the community.
- Look into volunteering with the Salvation Army (795-9671).
- Consider volunteering for the Crisis Pregnancy Center (622-5774).
- Check out Arizona Baptist Children's Services (795-7541) for their many volunteer opportunities.
- Become a Big Brother or Big Sister to a child in need (624-2447).
- Check with your local YMCA Chapter for counselor, leader or mentor opportunities.
- Take a stand against Human Trafficking – call Streetlight Phoenix for more info on helping them open and establish a Tucson Chapter (623-435-0900).
- Sign up to run or walk a 5k that supports a cause God has placed on your heart
- Consider adopting a child or fostering children
- Call the Christian Family Care Agency at 296-8255 to see about ways to become involved in the lives of Foster children in Tucson.
- Or - _____